



Going the Distance for Patients & Families in the Search for a Mesothelioma Cure

Thank you for being a part of the Miles for Meso family and the 12th Annual Alton Miles for Meso VIRTUAL 5K Race & 3K Run/Walk. Below you will find information regarding the race. The Alton Miles for Meso race has become a popular Riverbend event that attracts hundreds of runners, walkers and families from around the country. On behalf of Miles for Meso, Simmons Hanly Conroy and Metro Tri Club: thank you! We are honored to have you on our side.

Included in this year's race bag, is a long-sleeved Miles for Meso moisture-wicking shirt, your race bib, a warrior bib, Miles for Meso swag and sponsor goodies.

The race will begin at 9 a.m. on Saturday, Sept. 26. This year you will have until October 2 to complete the race. Mesothelioma warriors and families love seeing the support from participants who are still trying to help make a difference. Don't forget to snap a photo of you in your shirt and share it with the hashtag **#MilesForMeso** and tag @MilesforMeso and @SimmonsLawFirm pages on Facebook! After completing the race, please make sure to post your time to <http://bit.ly/MFMResults>, this will ensure that you receive a commemorative finisher medal.

For a full list of printable race packet materials, please visit www.milesformeso.org/altonvirtualpacket.

Our charity for the race is once again the Asbestos Disease Awareness Organization. ADAO provides a united voice for asbestos victims, families and concerned individuals. They work toward a global asbestos ban daily. Please take a moment to support their cause by signing their asbestos ban petition. The link to the petition can be found on the online race packet material link or by following <http://bit.ly/EPABanAsbestosPetition>.

Please be sure to mark your calendar for our 13th Annual Miles for Meso event on Sept. 25, 2021.

Thank you, once again, for your participation in this year's Alton Miles for Meso race. With your help, we will once again make a difference in the fight against mesothelioma and other asbestos-related diseases.

Thank you!

Miles for Meso Committee