



## Going the Distance for Patients & Families in the Search for a Mesothelioma Cure

Thank you for being a part of the Miles for Meso family and our 13<sup>th</sup> Annual Alton Miles for Meso VIRTUAL 5K Race & 3K Run/Walk. Below you will find information regarding the race. The Alton Miles for Meso race has become a popular Riverbend event that attracts hundreds of runners, walkers and families from around the country. On behalf of Miles for Meso, Simmons Hanly Conroy and Metro Tri Club: thank you! We are honored to have you on our side.

Included in this year's race bag, is a long-sleeved Miles for Meso moisture-wicking shirt, your race bib, a warrior bib, Miles for Meso swag, sponsor goodies and your participation medal.

The race will begin at 9 a.m. CDT on Saturday, Sept. 25. This year you will have through Sunday, Sept. 26 to enter your time at [raceroster.com](http://raceroster.com). Mesothelioma warriors and families love seeing the support from participants who are trying to help make a difference. Don't forget to snap a photo of you in your shirt and share it with the hashtag **#MilesForMeso** and tag @MilesforMeso and @SimmonsLawFirm pages on Facebook! After completing the race, please make sure to post your time to <https://bit.ly/MFM2021SubmitResults>.

For a full list of printable race packet materials, please visit [www.milesformeso.org/altonvirtualpacket](http://www.milesformeso.org/altonvirtualpacket).

Our charity for the race is once again the Asbestos Disease Awareness Organization. ADAO provides a united voice for asbestos victims, families and concerned individuals. They work toward a global asbestos ban daily. Please take a moment to support their cause by signing their asbestos ban petition. The link to the petition can be found on the online race packet material link or by following <http://bit.ly/EPABanAsbestosPetition>.

Thank you, once again, for your participation in this year's Alton Miles for Meso race. With your help, we will once again make a difference in the fight against mesothelioma and other asbestos-related diseases.

Thank you!

**Miles for Meso Committee**