



Going the Distance for Patients & Families in the Search for a Mesothelioma Cure

Thank you for being a part of the Miles for Meso family and our 14th Annual Alton Miles for Meso VIRTUAL 5K Race & 3K Run/Walk. Below you will find information regarding the race. The Alton Miles for Meso race has become a popular Riverbend event that attracts hundreds of runners, walkers and families from around the country. On behalf of Miles for Meso, Simmons Hanly Conroy and Metro Tri Club: thank you! We are honored to have you on our side.

Included in this year's race bag, is a long-sleeved Miles for Meso moisture-wicking shirt, your race bib, Miles for Meso swag, sponsor goodies and your participation medal.

The race will begin at 9 a.m. CDT on Saturday, Sept. 24. Mesothelioma warriors and families love seeing the support from participants who are trying to help make a difference. Don't forget to snap a photo of you in your shirt and share it with the hashtag **#MilesForMeso** and tag @MilesforMeso and @SimmonsLawFirm pages on Facebook!

For a full list of printable race packet materials, please visit milesformeso.org/altonvirtualpacket.

Our charity for the race is once again the Asbestos Disease Awareness Organization. ADAO provides a united voice for asbestos victims, families and concerned individuals. They work toward a global asbestos ban daily. Please take a moment to support their cause by [signing their petition to asbestos ban](#).

Thank you, once again, for your participation in this year's Alton Miles for Meso race. With your help, we will once again make a difference in the fight against mesothelioma and other asbestos-related diseases.

Thank you!

Miles for Meso Committee